

# 35th Annual YMCA

Sunday, April  
30<sup>th</sup> 2006



For Recreational  
and Competitive  
Canoes and Kayaks  
*\*Life vests must be worn at  
all times... No Exceptions!*

**Register on-line at [www.cortlandsports.org](http://www.cortlandsports.org)**

## After the Race Stay for Food, Beverages, Music, Awards, & More!!!

**Registration:** Pre-Register by mailing the form below to the YMCA (must be received by 4/26)

**Start:** Sun., April 30, 2006, at Truxton Fire Station (watch for signs), 10:00 a.m. Sharp!  
*Race Numbers are assigned as registrations are received. Please Note: This year competitive boats will start first (in race # order) followed rec. classes (in race # order). 2 boats at once!*

**Finish:** Yaman Park in Cortland

**Course:** 17 miles of twists and turns down the Tioghnioaga River, 'Class I-II' water  
*Be aware of the dam above East River Crossing, which should be taken on the left.*

**Classes:** All NYMCRA Points Classes and Recreational Classes

**Entry Fee:** \$15 per paddler for entries received by 5:00 pm on April 26, 2006 at the YMCA  
\$20 per paddler to register on the day of the race (register before 9:30 a.m.)

**Telephone:** Call the Cortland YMCA at (607) 756-2893



Complete the registration form below and mail it to the Cortland YMCA (22 Tompkins St., Cortland, NY 13045)

**PADDLER #1**

**PADDLER #2**

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Age \_\_\_\_\_

Phone \_\_\_\_\_ Age \_\_\_\_\_

E-mail \_\_\_\_\_

E-mail \_\_\_\_\_

T-Shirt Size: S M L XL Sex: M or F

T-Shirt Size: S M L XL Sex: M or F

Payment Due Now:  \$15 (Received by 4/26/06)  \$20 (Day-of)

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Signature\* \_\_\_\_\_ Date \_\_\_\_\_

Signature\* \_\_\_\_\_ Date \_\_\_\_\_

*If participant is under 18 years of age, parent must sign below:*

*If participant is under 18 years of age, parent must sign below:*

Parent\* \_\_\_\_\_

Parent\* \_\_\_\_\_

*\*I agree to hold harmless of liability from injuries to our persons or property the sponsoring organizations, to include but not to be limited to the City of Cortland, Town of Truxton, Cortland YMCA, officials and committee members, and I realize it is not incumbent upon them to furnish first aid, rescue or salvage of equipment.*

**SELECT A RACE CLASS BELOW**

**Recreational Canoe** (Aluminum and Recreation Boats Only):  R-2W  R-2M  R-Mixed  R-2Y  R-A/Y

**NYMCRA Classes: Canoe Classes**  C2-A/J  C2-Am<50M  C2-Am>50M  C2-Am<50W  C2-Am>50W  
 C2-Am<50Mixed  C2-Am>50Mixed  C1-Am<50M  C1-Am>50M  C1-Am<50W  C1-Am>50W  
 C2-Stock<50M  C2-Stock>50M  C2-Stock<50  C2-Stock>50W  C2-Stock<50Mixed  C2-Stock>50Mixed  
 C1-Stock<50M  C1-Stock>50M  C1-Stock<50W  C1-Stock>50W  C1-AmVet-M

**Kayak Classes** K1-Unlimited  <50M  >50M  <50W  >50W K1-Touring  <50M  >50M  <50W  >50W